## **RSPH STUDENT SUPPORT TOOLKIT: SPRING 2025**

Click here or Scan the QR
Code to download the
RSPH Student Support Toolkit
(Under Health & Wellness)



Click here or Scan the QR Code to download Emory Safe, a personal safety mobile app.



TOPIC	RESOURCE DESCRIPTION & LINKS
Accessibility Needs	Students interested in registering for disability-related accommodations may start the process by <u>visiting this website</u> . Students can also e-mail <u>accessibility@emory.edu</u> for questions about the process to register.
	Additionally, you may contact RSPH Accessibility Liaison: Jena Black ( <u>jena.black@emory.edu</u> )
Academic Support 回道 回道 回	Rollins provides free quantitative (BIOS and EPI) tutors through the RSPH Academic Resource Center. Information about how to schedule individual appointments and attend drop- in hours here. Writing Support is provided by Emory Writing Center.  Additionally, you may contact <a href="mailto:rspharc@emory.edu">rspharc@emory.edu</a>
Belonging & Community Justice + Campus Identity Spaces	Belonging and Community Justice includes the following offices and identity spaces on the third floor of Cox Hall.  • Center for Women • Office of LGBT Life • Asian Student Center • Centro Latinx • Emory Black Student Union • Emory First (First-Generation Students)  Additionally, Mariposa Scholars consists of programs designed to connect undocumented students to resources and community.
Bias-Related Incidents	The Bias Support Team (BST) is committed to enhancing the efforts of respective policy administrators in addressing bias and discrimination experienced within our community. Their role is to provide additional support and resources to encourage comprehensive and effective responses to reported bias related incidents. If you have encountered a bias incident, we strongly encourage you to submit a report.
Counseling and Psychological Services (CAPS)	Counseling and Psychological Services (CAPS) provides confidential and free clinical services to include short-term individual therapy, couples/relationship therapy, and group therapy to support your mental health. CAPS operates from a multicultural and trauma-informed approach. To schedule an initial consultation, click here.  Services are available 24/7/365. Students can drop in Monday-Friday 8:30-5pm or call anytime at 404-727-7450 and press "1" when prompted to speak with a clinician.
Conflict Resources	The Ombuds Office operates independently and impartially to help you explore solutions to your concerns without judgment. We are here to help you tackle challenges discreetly and efficiently, with a commitment to confidentiality, independence, and impartiality. Click or scan the QR code for conflict resources.

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Case Managers Available	Student Case Management and Intervention Services operates within a nurturing non-clinical environment to educate students, staff, and faculty on how to effectively navigate on-campus and community services in key areas of insecurity, such as food and housing, and guides students to access holistic well-being and academic resources. Please click here to complete the Student of Concern Form.
Student Intervention Services	Contact <u>Student Intervention Services (SIS)</u> for crisis triage surrounding acute basic needs. SIS is available 24/7, 404-430-1120.
Financial Support	If you are experiencing financial difficulties related to personal expenses or tuition, please contact the RSPH Student Support Team at rollinsstudentsupport@emory.edu.
Food & Housing Security	If you are experiencing food insecurity, please fill out the <u>Food Security Safeguard Program Form</u> . This will enable you to receive three meal swipes for the Dobbs Common Table for immediate use. If you request additional swipes, a case manager to reach out to you directly to discuss on and off campus food resources.  You can also complete the <u>Student of Concern Form</u> to connect with a Case Manager if you are experiencing food or housing insecurity.
First Generation Student Support	If you are a first-generation student seeking support, please contact Jennifer Ducksworth, First-Gen at Rollins Program Advisor, at jducksw@emory.edu. Students may also connect with the Emory First (First-Generation Program) for support.
International Students	International Student and Scholar Services (ISSS) assists international students with visa-related questions and offers community-building opportunities.  Students may also can contact Jennifer Ducksworth at jducksw@emory.edu for questions about the RSPH International Exchange Peer Network and the Rollins International Student Advisory Board.
Sexual and Relationship Harm	Office of Respect: Offers confidential, 24/7 support to students with concerns related to sexual and relationship-based harm (including sexual misconduct, relationship violence, and stalking). They provide emotional support, medical/Title IX/court accompaniment, help students understand their rights, and more. To contact the Office of Respect, call their 24/7 line at 470-270-5360. They provide emotional support, medical/Title IX/court accompaniment, help students understand their rights, and more.
<b>©</b>	<b>Department of Title IX:</b> If you might have experienced sexual harassment or gender-based discrimination and would like to report it, please contact Joanne Williams, RSPH Deputy <u>Title IX</u> Coordinator, at <u>jampost@emory.edu</u> .
Student Health Services + Sexual and Reproductive Health	For more information about Student Health Services, how to access them, and care options, <u>click here</u> . In-person and telehealth appointments are available.  Student Health Services and the Center for Student Wellbeing offers comprehensive, innovative, multidisciplinary <u>sexual health and reproductive services</u> . You can sign up for appointments using your <u>Student Health Portal</u> .

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Expecting Parents	For students that are expecting and would like to seek academic accommodations, please contact Joanne Williams, Deputy Title IX Coordinator, at jampost@emory.edu.
Nutrition	Student Health Services offers students up to 15 free sessions with a registered dietician to meet their nutrition goals, in addition to medical appointments. You can sign up for appointments through the Student Health Portal.
Health Insurance	For general questions about the Emory University Health Insurance requirement, review the <u>Student Health Services Insurance and Fees Information Site</u> .  For questions about the Emory University Student Health Insurance Plan, visit the <u>EUSHIP Site</u> .
Spiritual & Religious Life + Pastoral Care	The Emory University Office of Spiritual and Religious Life supports the university's religious and philosophical diversity by providing opportunities to engage with spiritual life on campus through worship, meditation, education, service, social justice, and interfaith engagement.  • Community: Find your community on campus. • Connect with a Chaplain: Connect with a chaplain to learn about how to get involved or for confidential pastoral care and counseling • Sacred Spaces: Find a quiet space, to sit, study, pray, mediate, or just relax, including the new Emory Interfaith Center at 1707 N. Decatur Road. • Enewsletter – Join our enewsletter to learn more about how
Recreation and Wellness	Recreation and Wellness offers programs that allow graduate students to prioritize physical activity in the way that moves them:  Intramural sports: Emory offers seasonal leagues and tournaments each semester. Create a team with a group of your peers!  Club sports: Participate in competitive sport activities and enjoy the recreational and social fellowship from sports involvement.  Group fitness classes: Offer a variety of activities for graduate students to participate in at no additional cost.  Outdoor recreation: Provides opportunities for students to experience adventure and build community. Join an off-campus trip or skill building clinic.
Technology Support	Our technology services and resources are available for students to utilize, ensuring their success at RSPH. For assistance with computer purchases and other inquiries, <u>please follow this link</u> .  For any technology-related inquiries or issues, reach out to the RSPH IT Service Desk at help@sph.emory.edu.
Emory TimelyCare	Emory also provides tele-health & 24/7 mental health support through <u>TimelyCare</u> . This support includes 12 counseling sessions for Emory students per year, and 24/7 access and emotional support with their Talk Now Feature.
Wellbeing Coaching Services	Wellbeing Coaching is a free service available to all students and is a great opportunity to get personalized 1:1 support to create positive change in your life. Wellbeing Coaches collaborate with student coachees to set goals, identify barriers, brainstorm solutions, and build knowledge, skills, and tools to enhance their wellbeing. Student coachees have agency in the coaching process, and are active co-pilots in their path toward their wellbeing goals.

rollinsstudentsupport@emory.edu